

SAILING INSTRUCTIONS

1 Rules

Races will be governed by The Racing Rules of Sailing (RRS), the prescriptions of the RYA, the Class rules, except as any of these are changed by these Sailing Instructions and CMYC Bye-Laws 1, 2 and 10.

2 Changes to Sailing Instructions

Any change to the Sailing Instructions will be displayed at the Race Officer's Station.

3 Schedule of Races

Except when special arrangements have been announced by the Sailing Sub-Committee, all races in a series shall be sailed only on the days and at the locations published in the Sailing Programme.

4 Declarations

Boats shall be signed on before a race by entering details of their boat and crew etc. on the 'Sign on /Sign off' sheet. Helms must 'sign off' in the last column of the 'Sign on /Sign off' sheet within one hour of finishing or, where races are sailed 'back to back', for all races within one hour of the last race. Signing off indicates that whilst racing the rules governing the race were observed. Helms that did not start (DNS), did not finish (DNF) or retired after finishing (RAF) shall mark the declaration sheet accordingly. Failure to sign off may result in disqualification.

5 Courses

The course details will be displayed on a board at the Race Officer's station. This will show the start/finish line; the order and required side on which marks will be rounded; the length of the race; the number of starts and the start times. The first and last marks MUST be on opposite sides of the start/finish line and its extensions. In the event of a need to change the order and rounding side of marks, the new requirements will be displayed from the starting pontoon or committee boat. A boat that fails to sail the correct course in accordance with RRS 28 shall be disqualified.

6 Signals made ashore

Signals made ashore at Hedgecourt will be displayed at the Clubhouse.

7 Number of Starts

All races that are part of a series, except those noted below, shall have two starts, Comets (standard and Xtra rigs) first, Handicap second.

Start Racing, Wakefield, Autumn Saturdays, Double Handers Day & Rapid Races shall have a single start.

Special events not defined in this handbook may differ.

8 Number of Starters Required

A race is valid when two or more boats start in the same race. If there are two or more concurrent races then all races will be valid provided at least one of these races has two or more starters.

9 The Start

Races will be started in accordance with RRS 26. The start line will be between a flag staff on the starting pontoon or Committee boat as appropriate and an outer distance mark.

Race signals made from the mast on the pontoon will be made by coloured cylindrical shapes. Descriptions of the signals to be used are as follows.

Race Signal	International Code Flag	Colour of Cylinder(s)
Postponement	Answering Pennant Red and White stripes	Red with White
Warning - 1st Start	Flag R - Red/Yellow	Yellow
2nd Start	Flag F - Red/White	White
3rd Start	Flag K - Blue/Yellow	Red
Preparatory	Flag P - Blue/White	Blue/White
Individual Recall	Flag X- Blue/White	White/Blue/White
General Recall	First Substitute - Blue/Yellow	Blue/Yellow/Blue/Yellow/Blue
Abandon (Warning or other signal shortly)	Flag N Blue/White	Blue/White with White/Blue/White

Abandon (All ashore) Flag N over Flag H

Blue/White with White/Blue/White
with Red

Shorten Course Flag S Blue/White

White/Blue/White

No other Race Signals shall be made (Exception to RRS Part 3)

10 Recalls

Recalls will be made in accordance with RRS 29.

11 The Finish

The Finishing line will be the same as the Starting line, but may be shorter in length. At the end of each lap and when finishing, boats must cross the finishing line from the direction of the last mark. After starting boats must only cross the finishing line once on each lap. A boat that crosses the line in error cannot exonerate herself - unless it was as a consequence of being wrongfully compelled to do so by another boat. Except at the end of a lap and when finishing, the finishing line ranks as an obstruction.

12 Time Limits

Races will be abandoned if the leading boat has not completed one lap of the course in the 'Time Period' (SI 13). To count as finishers, boats must finish within 45 minutes of the first boat to finish, or within 30 minutes in the case of races with a duration of 45 minutes or less. Change to RRS 35.

13 Length of Races

All races shall be sailed for a 'Time Period'. At the expiry of this time period, **Flag S shall be displayed and two sound signals shall be made.** Boats will finish when they complete the lap on which they are sailing when the time period expired.

'One Day' Series	Four races of 40 minutes, two back to back morning and afternoon)
Start Racing	30 minutes
Wednesday Evenings	45 minutes
Autumn Series (Sat & Sun)	75 minutes

All other Hedgecourt series Two back to back 45 minute races

N.B These 'Time Periods' are maximums and can be reduced by use of the 'Shorten Course' procedure, (Flag S with 2 sound signals) if necessary – refer to the Race Officer guidelines for more information.

14 Protests and Disputes

Protests must be made in accordance with RRS 61 and be lodged in writing with the Race Officer within 30 minutes of the last boat to finish or where races are sailed 'back to back', within the same time for the subsequent race. Disputes should be resolved using the RYA Racing Charter Rules Dispute Advisory and Mediation Hearing processes where possible. Where a protest is made subsequent to an Advisory Hearing, the time limit for submission is 15 minutes from the end of the hearing

15 Scoring System

The scoring system will be as per Appendix A using the Low Point System, modified as follows:

- When boats are tied at the end of a race they shall receive points for the tied place.
- Boats that are scored using the designations given in paragraph A11 shall receive points thus:-

Did not finish (DNF)	Number of starters +1
Did not start (DNS)	Number of starters +2
Did not come to the starting area (DNC)	Number of starters +3
All others	Number of starters +4

c) For 'One Day' series of 4 races one discard will be allowed. Ties shall be broken as per RRS Appendix A8

d) For all other series ties shall be broken by taking into account the points scored in all races sailed 'head to head' by the tied boats; the boat with the lowest overall score wins. If a tie still remains it shall be broken as under paragraphs 8.1 and 8.2.

e) Each boat's series score will be the total of her race scores with her worst scores discarded in accordance with SI 16. The lowest series score shall win.

16 Races to count

The number of races in a series required to count in order to qualify for an award is **half of those sailed rounded up**.

Exceptions: If less than 3 races are sailed all shall count.
If 3 races are sailed, 2 shall count.
Start Racing: A maximum of 3 races shall count.
One Day Series, if 4 races are sailed three shall count.

Number of Races	1	2	3	4	5	6	7	etc.
Number to Qualify	1	2	2	2	3	3	4	etc.

17 Unfair Sailing

Disqualification or penalties under RRS 42 and RRS Fundamental Rule 2 cannot be discarded. Appendix P applies.

18 Change of boat during a series

Helms may change boats during a series provided this does not infringe class rules. To count towards qualification, points scored shall be obtained in the same class of boat. The Comet Standard and Xtra are deemed to be separate classes for this purpose although either class is eligible to compete for Comet awards. A helm may only qualify once in any series. Helms who qualify for a series and change the class of boat will score a result in any subsequent individual races.

19 Change of helm during a series

Results for a boat sailed double handed by the same two individuals will be counted together regardless of which of them helms the boat on each occasion. In such cases, one person should be the nominated helm and should sign on as such for every race entered.

20 Calculation of Results

Handicap Races: Results are based on average lap time used to give corrected times which will be calculated in accordance with the current RYA Portsmouth Yardstick Scheme and using the HalSail results system.

The calculation for corrected time is as follows

Corrected time = (Elapsed time in seconds x Most Laps x 1000) / (Portsmouth Yardstick Number x Actual Laps)

Class Races: Results of races will be declared on the basis of the boats finishing order on the water. All boats commencing a further lap will be placed ahead of boats completing fewer laps.

If the leading boat(s) exceed the time limit class positions will be decided by the finishing position on the previous lap.

21 Changes of Class Rules

A class of boat typically sailed double handed may be granted a single handed Portsmouth Yardstick Number and sailed single handed with the agreement of the Sailing Sub Committee, whether or not this is permitted under the class rules. Portsmouth Yardstick numbers will be granted using the same criteria as SI 22.

22 Portsmouth Yardstick Numbers

Every year, as soon as possible after the release of the new Portsmouth Yardstick Numbers by the RYA the Sailing Subcommittee will publish a list of Portsmouth Yardstick Numbers for those classes commonly sailed at the club. These will be posted in the clubhouse, published in the newsletter and on the website.

The following sources will be used to guide the Sailing Sub Committee in determining handicap numbers for use in club events.

1. The official list of PY numbers published by the RYA to coincide with the Dinghy Show or alternatively a club specific adjusted handicap based on RYA recommendation for the club derived from results submitted.
2. Class Association
3. Boat Builder
4. Last PY number used by CMYC
5. The Sailing Sub Committee

An exception to the above applies in the case of double handed boats sailed single handed but for which no official PY has been published by the RYA for the boat when sailed in this manner. For these classes the Sailing Sub Committee will allocate a PY value calculated with reference to the differential applying for the Mirror class, for which the RYA publishes official handicap values when sailed single or double handed.

After each annual adjustment of numbers the Sailing Sub Committee will check the list and any PY numbers felt to be out of step will be reviewed. This is by exception only and there must be a very strong case for this to take place.

The list of PY numbers, will be finalised by the Sailing Sub Committee no later than two weeks following the date of publication by the RYA, subsequent to this no amendments will be made other than for the correction of factual errors.

23 Average Points

If a helm partaking in a series is pressed into undertaking a duty at short notice or on the day, that he/she may appeal to the SSC for average points to be awarded. These would be at the discretion of the SSC and would use HalSail RDG 2

RACING SERIES AND EVENTS

1. STANDARD CLUB RACE SERIES

Standard race series at Hedgecourt will have race lengths defined in SI 13 and start as defined in SI 7.

2. RACE SERIES FOR BEGINNERS & NOVICES

Start Racing

A series of 9 races of 30 minutes duration for beginners. Eligibility of helms will be regularly reviewed. SI 19 Change of helm during a series will not apply. Oppies have their own start.

Coaching from a power boat is permitted provided it is not restricted in who receives it.

Wakefield Series

A series of 8 races over four mornings for the Wakefield Trophy. Helms who have previously won or been consistently highly placed in previous club events will not be eligible to participate in this series. A list of those helms who are deemed not to be eligible for the Wakefield Trophy will be agreed and published by the Sailing Sub Committee prior to commencement of the series.

3. OTHER NON STANDARD RACE EVENTS

New Year Pursuit Race

A pursuit race in which the Race Officer will allocate personal handicap numbers to each helm and his/her decision on this matter is final!

Rapid Race Day

A one day event with as many races as can be fitted in. Races have a single start and typically last for two short laps. The emphasis is on fun. Coaching from a power boat is permitted provided it is not restricted in who receives it.

Bart's Bash at Lancing

Bart's Bash is a global sailing race taking place at hundreds of venues, with thousands of sailors in hundreds of different classes of boat around the world. It raises funds for the Andrew Simpson Foundation, a sailing charity. The Bart's Bash/Battle of the Beaches event at Lancing involves combined fleets from Lancing, Shoreham and Crawley clubs sailing together.

Club Racing Day at Lancing

We join Lancing Sailors for a day of sea sailing. One race in the morning one in the afternoon.

For Lancing racing events PRE-REGISTRATION is not required but please telephone or text Donal Roche, 07818 403957 in advance.

DINGHY CRUISING

Chichester cruises generally involve day sailing in the sheltered waters of Chichester Harbour. Those with neap tides are more suited to those new to harbour sailing or with slower boats. Some cruises may venture outside the harbour entrance in suitable conditions.

All those intending to sail are required to familiarise themselves with the guidance for safe and enjoyable cruising in the downloads section on the CMYC website.

Members intending to sail should contact the Cruising Co-ordinator by 21.00 on the Wednesday prior to the cruise. Should the cruise subsequently be cancelled those that have registered will be informed by 21.00 on the Friday.

Chichester Harbour; Itchenor Hard (Grid Ref SU 800015 Post Code PO20 7AW)

Members should assemble on the Hard at Itchenor and be ready to sail by 10.00. A cruise leader will be appointed who will organise the day and who will hold a briefing. For their own safety, boats taking part will be expected to keep within sight of each other. A picnic should be taken in the boat. A charge for the car park, for Harbour Dues and launching is made by the Chichester Harbour Conservancy. An annual season ticket can be purchased for the Harbour dues.

Chichester Camping Weekends; Cobnor House, (Chidham, Chichester PO18 8TE)

Members camp in the grounds at Cobnor House for the weekend. A harbour cruise will take place on the Saturday and will launch from Cobnor. Please contact the cruise co-ordinator for further details or if you just wish to attend the cruise and launch from Itchenor. The camping is suitable for families and non sailors. There are lovely walks in the area.

Fowley Island Cruise.

Meet at Itchenor where a briefing will be held at 09.45 to enable a prompt departure by all boats by 10.00

Around Hayling Island Cruise.

Meet at Itchenor where a briefing will be held at 09.45 to enable a prompt departure by all boats by 10.00

Solent Cruise Seasalters Car Park Hillhead (Post Code PO14 3LU)

This cruise is intended for those with prior sea sailing experience and a boat equipped for day cruising.

Meet at Seasalters Car Park Hillhead where a briefing will be held at 09.45 to enable a prompt departure by all boats by 10.00

SOCIAL SAILING AND OTHER EVENTS

Saturday Clubs:

These are held monthly and involve both adult and junior groups. Club boats are available for members use. It is an opportunity to improve your sailing and pick up tips from Club Instructors. Please register via Web-Collect. Details are on the Club website. With regard to adult participants the opportunity is offered to raise any sailing related question whether it is on a particular sailing technique or how best to prepare your boat for trailing to another venue. For more 'special' questions it would be best to have advance notice so that an instructor or 'expert' can come prepared.

Members Days:

We have included two of these in the calendar in response to members requests for a "open days" for members. The emphasis will be on sailing for pleasure and meeting with like minded members.

Thursday sailing: April 5th to 25th October **Contact:** Dave Clark 01342 714599

This provides a friendly daytime sailing opportunity for those members who enjoy sailing in company. The aim is to be on the water from around 10:30. At times there may be powerboat support, but participating helms are reminded that at all times they remain solely responsible for any decision to sail and for the suitability of the boat and the safety of its occupants.

This is an informal event for anyone who is available during the day on Thursdays. Experiment with your rigging, perhaps pick up tips from others and have an enjoyable sail around Hedgecourt. Thursday Sailing is above all an opportunity to enjoy Hedgecourt in company when it is not being used for organised racing.

In addition to the above events there is always the opportunity to have a family BBQ at the lake if you wish. Club BBQs will be linked to particular events as detailed in the Newsletter. Remember to bring your own food & drink as the Club only provides the fire.