



C M Y C

THE FRIENDLIEST NEWSLETTER IN SUSSEX?



May 2026



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Good to Know

It is good to know you are behind us as we all participate in ensuring the Club continues to offer a fantastic variety of opportunities both on and off the water.



An indication of this is that Membership renewals have been strong again and you only need to look at an event such as the Topper Open that we hosted last weekend, to see what goes in to making a successful event. Thanks to everyone involved.

It is also surprisingly easy to make things a success because there is just one simple guiding principal. It is no secret, and it is good to know, so I'll share it with you; *do you know what it is?*



The answer is simply to come to a Club event. This enables you to get to know fellow members, see what's involved, and settle any concerns as there is always someone available to help and answer questions.

Try it out, we have lots of opportunities including a fundamentally important date in our annual calendar – Open Day (10th May). Invite friends and family beforehand and come on the day either to swim, sail, SUP, kayak etc., so that visitors can see what the lake has to offer, lend a hand either to set up (from 8:30, doors open at 10am), generally support the event (more fun than it sounds) and help pack up (from 3:30pm).

Success here is important to us as we are looking to increase our numbers and therefore the pace at which we can afford to improve the Club and its facilities. We have a lot of ambition and welcome your continued support.

It is also good to know that:

- We caught up with Penny and were able to present her with some flowers and thanks for all her support as Treasurer
- Community Spaces have had their first Care Home visit this year with several residents enjoying the view of Hedgecourt in the sunshine with thanks to Mandy
- Ted has obtained (without cost) and planted 50 trees with the vision of making a bush that suits birdlife and forming a new path from the picnic area
- Martyn has been able to step in as Vice Commodore Sailing (acting), with thanks to Ian, the out-going VC Sailing, for his contribution over the last couple of years
- Thanks also to Stephen who after many years has stepped down as Powerboat Maintenance Facilitator after taking delivery of our new PB – have you seen it yet?
- Gordon has joined the team as Boat Park Manager assisting Julian our Membership Secretary and is busy helping organise this area – please put your boat stickers on
- A new team are continuing to look at how to make best use of the dredging report.

This is just some of what's going on, please ask if you want to know more.

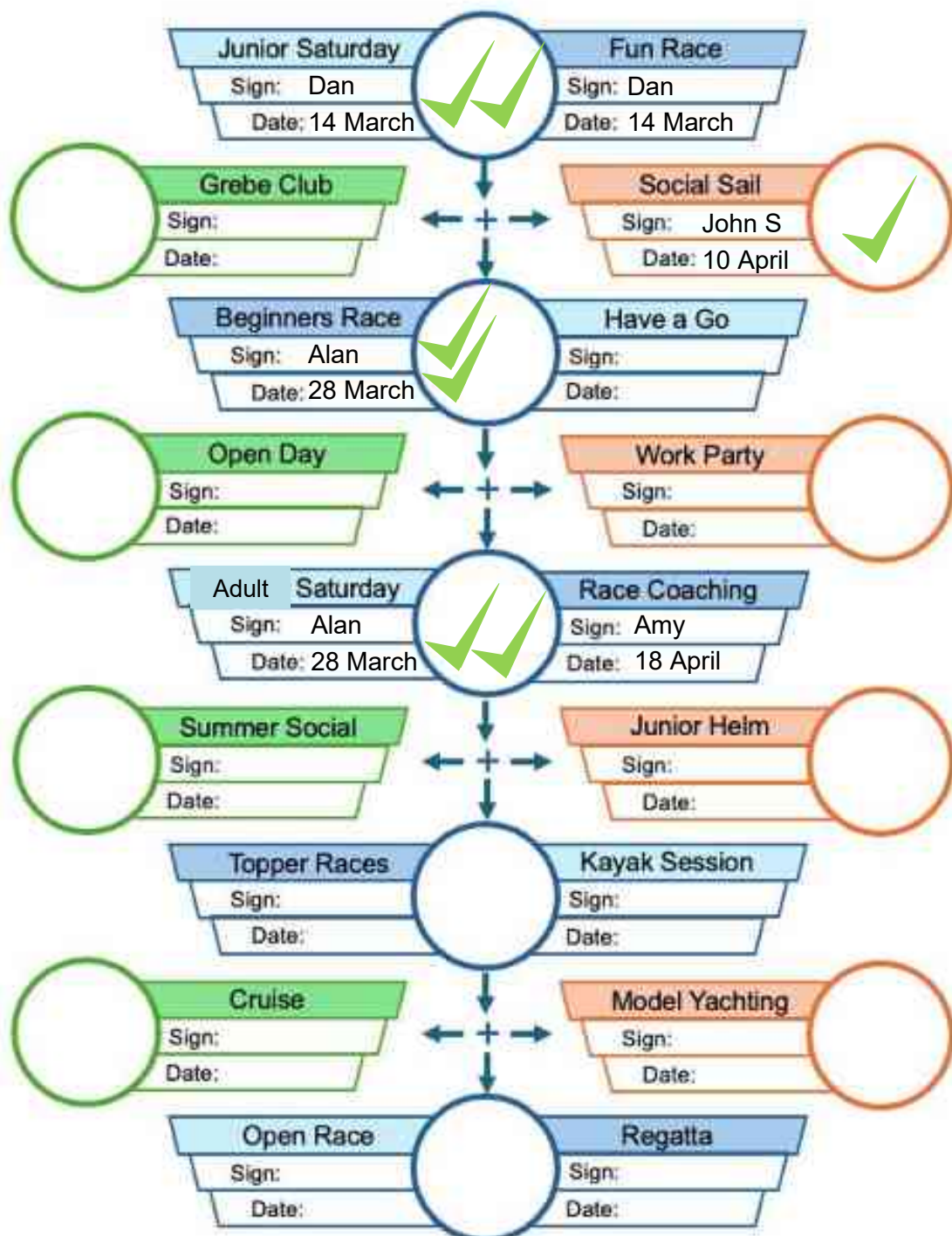
Richard (Commodore)
See you on Sunday 10th if not before.

Participation Challenge

The Challenge is on! – Can you participate in more activities than Richard (our Commodore)?

Below is his challenge sheet (signed copy is on the Clubhouse noticeboard) but, your challenge is to do more than him. Awards may be given so be ready to present your record sheet at the end of 2026 (or before if you're quick off the mark).

Enter the challenge: print yours from the website [Juniors / Grebe], double sided if you can, adding your name (page 2) and start recording what you complete with a date and the signature of the event lead.



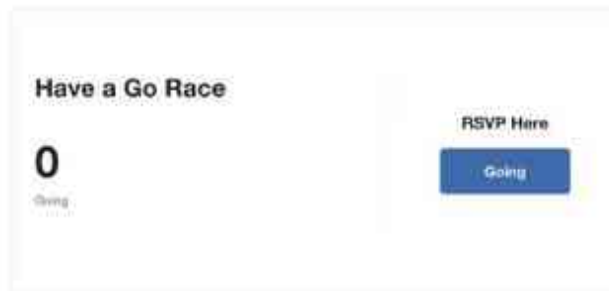
“Have a Go” Racing

Coming up on 17th May - “**Have a Go**” racing sessions, supported by one of our race coaches or instructors

These are not part of a formal race series - the sessions are intended to provide ‘**relaxed and friendly**’ racing so that everyone should feel comfortable and enjoy joining in, Adults & Juniors alike. We encourage parents to have a go if their children are participating.

There will be a race coach/instructor to provide support on the water and to answer your questions before and after the session. There will be a briefing, covering some basic rules, just enough to ensure you know who has right of way, and giving some guidance on the course.

Please RSVP via the simple form on the [website event page](#).

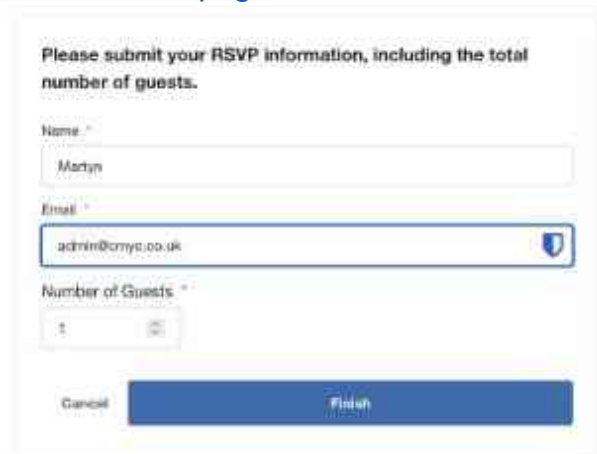


Have a Go Race

0
Going

RSVP Here

Going



Please submit your RSVP information, including the total number of guests.

Name *
Martyn

Email *
admin@omyc.co.uk

Number of Guests *
1

Cancel Finish



2025 Volunteer Awards

Significant Contribution

Caroline Whittle

Running a successful Adult Saturday Club season depends on instructors who show up, week after week, whatever the weather. In 2025, Caroline Whittle was exactly that kind of person.

As a Dinghy Instructor, Caroline gave her time consistently throughout the season, providing the kind of reliable, experienced support that the Saturday Club programme needs to work well for those attending. Her contribution was not a one-off — it was the quiet, sustained effort that makes a real difference when it comes to giving adult members the opportunity to develop their sailing.

We are delighted to thank Caroline for her considerable contribution to the club in 2025.

Significant Contribution

Will Mitchell & Steven Castle

At the heart of the Grebe Club have been Will and Steven.

As newer members of our volunteer community, Will and Steve threw themselves into planning and running a wide variety of junior sessions throughout the season. What has set their contribution apart is the spirit in which they've done it — involving the whole family, bringing energy and fresh ideas, and creating an environment where juniors genuinely want to come back.

Their creativity has been a particular asset to the Grebe Club, with many ideas shaping the programme and helping to make it something special.

The feedback from members and juniors alike speaks for itself. Together, Will and Steve have helped turn a new initiative into something the whole club can be proud of.

Significant Contribution

Penny Armstrong

Penny has been our Treasurer for three years — and then for rather longer, because when she originally agreed to step down she quietly carried on, supporting her successor through the year-end close and the full handover cycle well into 2026.

Beyond the monthly rhythm of managing our accounts she's been our face to financial audits, she's reconciled payments, she's paid our suppliers and she's given the committee a considered view even on the meetings she couldn't attend.

Significant Contribution

Roger Stollery

Roger brings to CMYC a lifetime of contribution to model yachting — from Millennium Design Council-recognised innovations and MYA awards, to countless race-officer stints and hours of generous coaching. At Crawley Mariners, he has been instrumental in helping establish the CMYC Model Yacht Group, which is now firmly established and thriving, primarily sailing the DragonForce 65 class.

Junior Sub-Committee Special Award -

Robin Ballam Trophy

Stuart Edmonds

Stuart has been the backbone of our double-hander fleet over the last few seasons — from the ongoing Feva repairs, to personally carrying out the fibreglass and gelcoat work on the grey 2000 that would otherwise have been a sizable bill. At NSSA and WSSYSA he has been, in Diana's words, 'such a help with the bigger boats, or anything that breaks', and his coaching of Juniors at NSSA is greatly appreciated.



NSSA & Coastal Training

Each July, a team of CMYC Juniors heads to a week-long NSSA regatta — a brilliant chance for young sailors to gain racing experience in a friendly, supportive setting. Whether your child is a seasoned racer or a complete newcomer, there's a place for them: rookies compete in their own dedicated fleet.

If you think your Junior might be interested, please register below — no commitment required at this stage, just numbers to help us plan and so we know who to keep informed.

This year NSSA is being hosted by Downs Sailing Club in Deel, Kent.

👉 [Register your interest](#) via the Google form and join [our WhatsApp group](#).

For more information, visit the [NSSA website](#).



Coastal practice for Junior sailors - 6th June

As both **NSSA** and **WSSYSA** regattas this year are taking place at coastal clubs (Deel and Felpham), we have partnered with Lancing Sailing Club to give our Junior sailors an opportunity to come along and practise a beach launch and sailing on the sea.

If you're interested and available, please email family@muphi.com to let Martyn & Sarah know.



🚤 Sarah will be available for questions at 🚤
the next Junior Saturday Club



Women on Water

The club is pleased to continue offering Women on Water, a monthly sailing opportunity designed for women who would like to experience sailing in a relaxed and supportive environment. The sessions are also a great opportunity for non-sailing members who are curious about the sport, as well as those whose partners or children already sail and would like to try it for themselves.

Women on Water runs once a month on Friday evenings from April to August, with dates for the 2026 season listed below. The group meets at 6.00pm, with the aim of being on the water between 6.30pm and 7.00pm and returning to shore by sunset. While weather conditions vary, an evening on the lake provides a rewarding and enjoyable end to the week.

The group operates on a friendly and informal basis, and no prior sailing experience is required. Participants do not need to own a boat, space for crew is usually available on member's boats or, on suitable club boats, subject to instructors' availability.

A WhatsApp group is used to share updates, and a reminder for each session is circulated on the Monday preceding the event.

Members who are interested in taking part are warmly encouraged to join the group and enjoy an accessible introduction to sailing in a supportive setting.

2026 dates, all at 6pm

- 15 May
- 12 June
- 17 July
- 14 August

Any changes to these dates will be communicated in the What's app group.

For further information please contact Ursula via email secretary@cmymc.co.uk or by joining the Women on Water WhatsApp group.



4 Juniors and their Crew

Take a look at the new Grebe Club page on the Club's website:

The screenshot shows the Grebe Club website interface. At the top, there is a navigation menu with links: 'About the Club', 'Sailing Activities', 'Additional Activities', 'Members Area', 'Join CMYC', 'News', and 'Contact'. A dropdown menu is open under 'Sailing Activities', listing: 'Training (Adult)', 'Juniors at CMYC', 'Dinghy Racing', 'Boat Sailing', 'Cruising with CMYC', 'Junior Saturday Clubs', 'Junior Helm Week', 'RYA Courses - Juniors', 'Junior Race Training', 'Colour Weekends', and 'Grebe Club'. A red arrow points from the 'Sailing Activities' link to the 'Grebe Club' option in the dropdown. Below the navigation is a banner for 'THIS MONTH'S THEME' with the title 'Together' and the subtitle 'Support for our own and wider community'. The main content area features a 'CHALLENGE OF THE MONTH' section titled 'Open House' with a description of the challenge. Below this are two challenge cards: 'Lion's Pride' and 'Eggs-cellent'. At the bottom, there are three buttons: 'Download Record Sheet', 'Download Full Year', and 'Download Participation Challenge'. A footer note states: 'New challenges every month! Check back regularly for fresh adventures.'

By the time you look the webpage will have already been automatically updated, check it out to see if it has, there's nothing static about us.

There are new challenges added every month, and you can do some of these at home. This page also lists all the junior events in one place so you don't miss a thing.

You can also download the Challenge Record cards from here too and simply come along to a Grebe Club event – one every month.

Powerboat Refresher

Sunday 17th May

We are running a Powerboat refresher day which will run parallel with the 'Get On the Water Challenge' day.

This is an ideal opportunity to come along, polish up your Powerboat Skills, have a sail and a bit of socialising.

The Powerboat refresher is aimed at those who feel they would like to re-familiarise themselves with the powerboats before they do a duty. Old hands as well as those who have recently done their Powerboat Level 2 are all welcome.



I plan on being there all day, and maybe some other instructors as well. I don't plan on doing a WebCollect event, but if you could email to the email address below to say if you plan on coming and, if possible, an approximate time, that would be helpful.

Some of the things you may want to refresh on are:

- Pre-launch and pre-start checks
- Starting the engine
- Coming alongside
- Anchoring
- Moving Marks
- Support of capsized dinghy



We will support you any way we can, whether you just want to go out and have a quick refresher or want any specific practice and help.

Mike Smith
01403 262102
Power.boat@hotmail.com

No B-S

Boat Sticker – What did you think I meant?!

We are currently carrying out an audit of the Boat Park. More than 30 boats have so far been identified whose owners have not renewed their subscriptions.



Some of these may have just forgotten to renew – if that's you, please put it right straight away.

Others have been taking up space in our boat park for more than a year without renewing and are being considered as abandoned. Boats suspected to be abandoned will be moved to make more space for current members' boats, support our plans to re-group training boats, provide a designated area where more than one boat may be stored in each boat space and reorganise the space for Sailability and growth – Open Day is just around the corner and new members are always seeking boat park spaces.



To avoid confusion, it is essential that members put this year's sticker on their boat as soon as possible.

If you are a current member whose boat doesn't have a sticker, your boat could get moved by mistake and you'd risk losing your present boat space. (If that happens, we'll do our best to put it right, but don't blame the volunteers who are trying to improve the boat park for the benefit of all.) Please also refer to the Club's Byelaws for details.

Stickers are in the top drawer of the filing cabinet in the corner of the clubhouse. If you haven't already done so, please get your sticker and put it on your boat straight away.

Members who have more than one boat in the same space (including kayaks), can get additional stickers from Membership Secretary, Julian. A contribution to club funds of £1.00 per additional sticker is suggested to cover the cost of printing these little beauties.



Example sticker

**POWERBOAT
REFRESHER**

**SOCIAL
SAILING**

**'HAVE A
GO' RACE**



Get on the Water

CHALLENGE

SUNDAY 17TH MAY 2026

Junior Performance Bursaries

Caitlin and Hugo received performance bursaries this year from the London & South East Training Fund. They were also part of the CMYC team that won the Team Trophy for the highest placed team at the 2025 West Sussex Regatta. Unfortunately, the Gold coloured medals did not arrive in time to present at the event so we presented most of them at the Awards evening in March and now Caitlin and Hugo have theirs. We only have one more to present to Esther, hopefully at the next Saturday Club.



Cobnor Weekend – 23rd to 25th October



Cost: £130

**- includes accommodation,
dinghies and great food.
(£60 for instructors and
powerboat crews)**

Experience sailing in the beautiful tidal Chichester Harbour. Take your sailing to new levels or just enjoy the freedom of the open water.

These weekends are primarily aimed at our youth sailors (13 to 18 years), but if we have space then we are also happy to include adults or perhaps confident younger sailors. Ideally sailors will have achieved Stage 2 or Level 2, but this is not essential. Those with advanced skills such as RYA Seamanship can put these skills into practice.

A typical weekend starts with arrivals between 17.30 and 19:00 on Friday, in time for an evening meal. There is some flexibility and later arrival or arrival before 8:00 on Saturday can be accepted. On Saturday morning we sail locally for a couple of hours, possibly up towards Bosham or down into the Chichester Channel depending on the tide and wind, returning to CACT for lunch. In the afternoon we venture further afield, to Dell Quay if tides and wind permit. On Saturday evening, we have a wholesome meal followed by games. Then on Sunday we typically sail west toward Hayling Island and stop for a snack on East Head before returning to CACT for a late lunch. After lunch everyone helps clear up so that we are ready to leave by 16:00.

We sail in Wayfarer dinghies belonging to CACT plus one or two of our RS Quests or 2000s. The Wayfarers take up to four crew including one of our instructors. The Quests and 2000s take three crew including one of our instructors. We put our more experienced sailors in the Quests so that they can experience sailing with a symmetric spinnaker and trapeze.

As an RYA Training Centre, we are not allowed to run RYA courses away from Hedgecourt Lake, but that does not mean we can't have a great time and learn new skills. Sailing in a tidal harbour is very different from sailing on Hedgecourt lake; tides, waves, steady winds, moored boats and racing fleets all add to the challenge and interest.



Cobnor Weekend – 23rd to 25th October



Accommodation is in a log cabin bunkhouse, with two to eleven beds per room.

All this requires support, we need one person to manage the catering and run the galley and one person to support them in the galley, these people may also sail or act as powerboat crew if qualified (please contact Jeff before booking either of these), We also need powerboat helms and dinghy instructors. If parents are able to help that is ideal. We are flexible and can work with anyone wishing to sail or powerboat and run the galley.

We will run two powerboats, each having a crew of two, both of whom must be RYA Powerboat Level 2 qualified and one must also be Safety boat qualified.

Places can be requested via WebCollect <https://webcollect.org.uk/cmhc/> from 1st May until 30th June, Please DO NOT pay until places have been confirmed, shortly after 30th June. You will receive an email confirming your place, or if oversubscribed we may have to prioritise who places are allocated to.

IMPORTANT: Please will all those wishing to attend (instructors, powerboat, helpers and sailors) complete the WebCollect request.

For further details contact [Jeff Smith](#):

Watch the video https://www.youtube.com/watch?v=IVG2_8iEPow



Fun Race at Junior Saturday Club

9th May



Open to all Junior & Youth sailors, do come along and join us.

The weather for the April Saturday club was 'VERY, VERY' windy! Sadly, this meant that the Oppies did more paddling than sailing. However, Esther took the opportunity to make them aware how important balance and trim is, which should help them avoid a 'nose dive' when sailing two-up in an Oppie.

It was very challenging on the race platform taking the results, we had to hold on all the time just to stay steady on it. The three sailors who went out to take part in the 'Fun Race' were amazing and put on a spectacular show of their planing skills. Jack in a Pico managed to do one lap, George F did 2 and George P did 3 in their Lasers. Evidently, they marked up about twelve plus capsizes during the race, so well done to all three. Amazingly, after lunch, they went out for the PM Feva/Laser session.

One of the AM Oppie sailors wanted to do the race, but we explained it was just too windy for him. Hopefully the next Saturday Club will be less windy as we would really like him, and hopefully other Oppies, to join in the Fun Race this year.

FUN RACE:	<u>POSITION</u>	<u>NAME</u>	<u>BOAT</u>
	1 st (3 laps)	Geoge Parker	Laser Radial
	2 nd (2 laps)	George Fairhurst	Laser Radial
	3 rd (1 lap)	Jack Barnard	Pico

Fun Races run between AM and PM group sessions at Saturday Club and offer extra sailing with additional coaching. You will be surprised how much your sailing improves, even after just a few races. A support boat and instructor will be on the water giving help and advice.

If you can tack, gybe and sail a triangle it will be easy for you to take part, and the race is only 20 minutes. There is always someone who can help get your boat on and off the water and get out to the start line.

For those new to the fun race.

1. **If you are using a club boat**, ask an instructor to allocate you one and if you have your own boat do ask if you need help with your rigging.
2. **Sign on** – Outside the clubhouse there will be a form to complete.
3. **Briefing:** The person running the race will blow a whistle, by the Clubhouse, before you race and explain where the race will be and the marks to go around.

We Look forward to seeing you and it is great to see new sailors having a go. If you want to join in the race do indicate this when booking in. – Diana





Good news!

Try sailing for free



CRAWLEY MARINERS YACHT CLUB

OPEN DAY

Sunday 10th May 2026

10am - 4pm

- Not to be missed
- Bring friends & family
- More than a sailing club!



Where we sail

Hedgecourt Lake,
RH19 2QG



The friendliest?

We'd like to think so

www.cmyc.co.uk

Open Day

10th May – Why not bring a friend along?

It's a great opportunity for them to get a chance to have a ride in a boat on our very beautiful lake.



On OPEN DAY we will be selling home-made cakes

The proceeds from this will go towards Team Tops for our young sailors entering this year's **NSSA Regatta at Deal Sailing Club Kent**
You can pay by card or cash

Why not treat yourself to one or two cakes – or even three or four!



Training & Development

Upcoming Training & Development Opportunities

- Junior Saturday Club - 9th May - booking on Webcollect
- Adult Saturday Club - 23rd May - booking on Webcollect
- Powerboat refresher - 17 May - (see below)
- Powerboat refresher - 23rd May - (see below)
- Social & The Grebe Club - Together - 3rd May (the first Grebe Club of 2026)
- RYA Stages 1&2 (juniors) - 20, 21, 28 Jun & 4 Jul - booking on Webcollect
- RYA Levels 1&2 (adults) - 20, 21, 28 Jun & 4 Jul - booking on Webcollect
- NSSA - 19th to 24th July - Contact Sarah F for details
- RYA Safety Boat - 26 Jul & 1 Aug - Contact Mik S
- Junior Helm Week 17th to 21st August - more detail next month
- WSSYSA Regatta - 19 & 20 Sep - Contact Martyn F
- Cobnor 23rd to 25th October - book on WebCollect from 1st May to 30th June, no payment until July, see separate flyer in this Newsletter.

Feedback

Please give feedback on any CMYC training, click [here](#) to complete the form, there is a link to form on the club Website in Members Area – Policies and Documents.

Training WhatsApp groups

Two new WhatsApp groups have been created within the CMYC WhatsApp community to provide more timely and better directed communication for training. Information will continue to be supplied via Newsletter and noticeboards. The groups are:

CMYC Training - Adults

CMYC Training - Juniors

Please join these groups if you are interested in our training programme.

Powerboat Level 2

Five members successfully completed their RYA Powerboat Level 2 course, in untypically good weather. Thanks to Martyn, Alan and Mike for running the course. The next course will be 27th September and 11th October. Refreshers are held on Adult Saturday Clubs and on 17th May. See below.



Training & Development

Powerboat refresher

This month we have two powerboat refresher sessions, one on 17th May alongside the 'Get On the Water Challenge' - no booking but email Mike S if interested, the other as part of Adult Saturday Club, for which places are limited to two per morning, booking will be via WebCollect - Adult Saturday Club.

Junior Saturday Club

It was good to see more Oppies signed up this month, but only a few Toppers, perhaps being Easter weekend didn't help. The wind was quite strong giving the Lasers an exciting sail. Please note that if a youth wants to sail a Laser they should sign up to the Fevas & Laser session, not Toppers.

Topper Coaching 18th April

We had a fantastic Topper coaching session recently, with four keen boats making the most of a gentle breeze. The morning session was focused on perfecting boat handling and mastering the start line.

In the afternoon, the sailors put their training to the test by joining the Adult "Have a Go" race, followed by the monthly serious race. It was a brilliant opportunity to practice skills alongside different boats and prepare for the Topper open. The group did incredibly well, holding their own against a mixed fleet. Well done to all the sailors who took part and thank you to the race officers who supported and assisted our sailors.

Many thanks to Amy for running this

Adult Saturday Club & Powerboat Refresher

A couple of cancellations meant that we only had three booked to sail, however a number of other members turned up to sail without requiring instructor assistance as well as four Toppers receiving race coaching, so the lake was pleasantly busy. It was a lovely day with an ideal wind strength although as usual the direction was quite variable. Thanks to Mike T, Caroline and Alan for instructing. There were no takers for the powerboat refresher this month.





RYA STAGE 2

20TH, 21ST, 27TH & 28TH JUNE

BOOKING NOW OPEN

SCAN QR CODE FOR THE
DETAILS & TO SIGN UP





RYA LEVEL 2

20TH, 21ST, 27TH & 28TH JUNE

BOOKING NOW OPEN

SCAN QR CODE FOR THE
DETAILS & TO SIGN UP



CMYC Programme

Date	Event
2 nd May	Itchenor Cruise
3 rd May	Social & The Grebe Club - Green Blue Spring Sundays 9 & 10
4 th May	Instructed Kayak Session
6 th May	Endeavour Trophy 2
7 th May	Thursday Informal Sailing
9 th May	Junior Saturday Club Work Party / Hedgecourt Heroes Itchenor Cruise
10 th May	Open Day
11 th May	Instructed Kayak Session
13 th May	Endeavour Trophy 3
14 th May	Thursday Informal Sailing
15 th May	Women on Water
17 th May	Get on the Water Challenge Powerboat Refresher Social Sailing Have a Go Racing
18 th May	Instructed Kayak Session
20 th May	Endeavour Trophy
21 st May	Thursday Informal Sailing



and so much more...

